



## LAW 1 - THE FIELD

### A. Dimensions:

The field of play shall be rectangular, its length being not more than 50 yards nor less than 40 yards and its width not more than 30 yards nor less than 20 yards. The length in all cases shall exceed the width.

#### USYSA RECOMMENDATION:

Length: 50 yards Width: 30 yards

### B. Markings:

1. Distinctive lines not more than five (5) inches wide
2. A halfway line shall be marked out across the field.
3. A center circle with a five (5) yard radius
4. Four corner arcs with a two (2) foot radius
5. Goal area: three (3) yards from each goal post and three (3) yards into the field of play joined by a line drawn parallel with the goal line.
6. Painted line 15' at the end of each field marks a No-Go Zone for coaches during play.

### C. Goals:

Maximum: Five (5) feet high and ten (10) feet wide  
Minimum: Size of Hockey goals

## LAW 2- THE BALL: Size three (3)

## LAW 3 - NUMBER OF PLAYERS:

- A. Maximum number of players on the field at any one time is seven (7), one of whom may be a goalkeeper  
USYSA recommends that should a goalkeeper be used, that this position not be the responsibility of just one player, but all team members take turns playing this position.

### B. Substitution:

1. Injuries
2. See LAW 8

### C. Playing time: Each player SHALL play a minimum of 50% of the total playing time

### D. Teams and games may be co-ed

## LAW 4- PLAYERS EQUIPMENT Conform to FIFA with the following exceptions:

- A. Footwear: Tennis shoes or soil-cleated soccer shoes
- B. Shin-guards: USYSA Recommends - Mandatory

## LAW 5 - REFEREE:

- A. Registered Referee
- B. Associate Referees
- C. Parent/Coach or Assistant
- D. Referee's decisions on points of fact connected with the game shall be final.
- E. All rule infractions shall be briefly explained to the offending players.

## LAW 6 - LINESMEN: Use club linesmen

## LAW 7 - DURATION OF GAME:

- A. The game shall be divided into four (4) equal ten (10) minute quarters.
- B. There shall be a two (2) minute break between quarter one (1) and quarter two (2) and another two minute break between quarters three (3) and four (4)
- C. There shall be a half-time break of five (5) minutes between quarters two (2) and three (3).  
USYSA Recommends that parent/coaches substitute between quarters to ensure that all players present play a minimum of 50% of the game.

## LAW 8 - THE START OF PLAY: Conform to FIFA with the following exception:

- A. Opponents must be five (5) yards from the center mark while kick-off is in progress.

## LAW 9 - BALL IN AND OUT OF PLAY: Conform to FIFA

## LAW 10 - METHOD OF SCORING: Conform to FIFA

## LAW 11 - OFF-SIDE: There shall be no off-sides.

## LAW 12 - FOULS AND MISCONDUCT: Conform to FIFA

with exceptions:

- A. All fouls will result in an INDIRECT FREE KICK with the opponents five (5) yards away
- B. The Referee must explain ALL infractions to the offending player.

## LAW 13 - FREE KICKS: Conform to FIFA with exceptions:

- A. Shall be classified under one heading - INDIRECT.
- B. A goal may not be scored until the ball has been played or touched by a second player of either team.
- C. No kicks shall be taken by the attacking team within the defending team's goal box.

## LAW 14 - PENALTY KICKS: No penalty kicks

## LAW 15 - THROW-IN: Conform to FIFA with exception:

- A. A second throw-in must be allowed if the player commits a foul on initial attempt. The Referee shall explain the proper method before allowing the player to re-throw.

## LAW 16 - GOAL KICK: Conform to FIFA with exceptions:

- A. Goal Kick may be taken from any point inside the goal area
- B. Opponents must be five (5) yards away from the ball

## LAW 17 - CORNER KICK: Conform to FIFA with exception:

- A. Opponents must be five (5) yards away from the ball

## ADDITIONAL USYSA RECOMMENDATIONS

NO SLIDE TACKLES: FIRST OFFENSE-WARNING; SECOND OFFENSE-REMOVAL FROM GAMES

NO HEADERS ALLOWED: FIRST OFFENSE-WARNING AND INDIRECT KICK; SECOND OFFENSE-BENCHED FOR 5 MINUTES AND INDIRECT KICK

Parents/coaches, non-playing players, parents and spectators should be located not less than six (6) yards from outside the touchline nor should they be closer than 20 yards to the goal line. No individual should be allowed to run the length of the field except participants of the game. Parent should not coach or instruct the players during game time. No alcoholic beverages will be consumed or allowed near the playing fields.